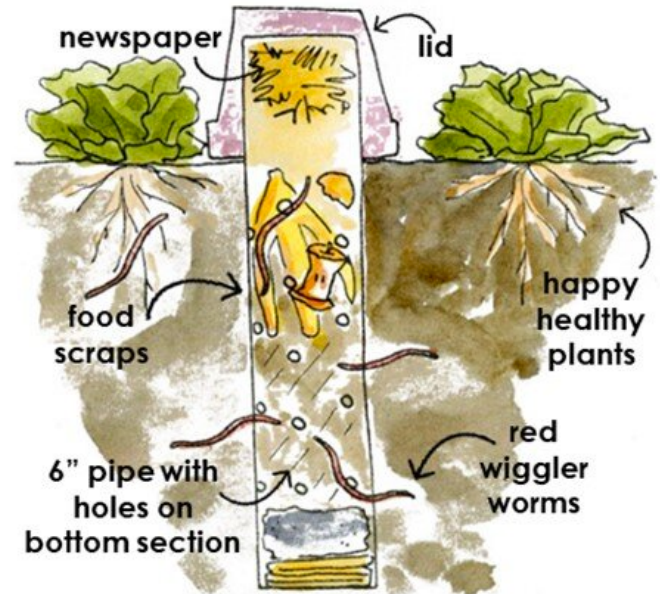


# EASY WORM TOWER

## HOW TO MAINTAIN

1. Dig a hole in your garden or raised bed deep enough to cover all the holes on your tower. Place the tower in the hole, pack soil around the tower to hold it securely in place.
2. Add the provided worms and vermicompost to the tower. Worms can eat half their weight in scraps each day and will multiply overtime, needing more food as they do.
3. Feed your worms. Large chunks of food scraps should be chopped into smaller pieces to help it break down quicker and allow the worms to eat faster. You can either feed your worms daily, every few days, or once a week. If you freeze your scraps during the week, be sure to let the scraps thaw and squeeze out any extra moisture before adding them to your tower.
4. Add shredded newspaper to the worm tower. Newspaper will help keep smells and flies at bay. Newspaper will need to be replenished periodically as it decomposes or is eaten by the worms. When feeding, pull your newspaper out of the worm tower, place the food scraps inside, then add the newspaper back to the tower on top of the food scraps.
5. Cover your tower with the lid to avoid rain collecting in your tower and water logging your worms and food scraps.
6. Your worms will wriggle into your tower to eat and then will wriggle throughout your garden, depositing their worm castings throughout, leaving you with nutrient rich soil for your plants to utilize and enjoy.
7. Your worms may slow down in hot and cold months as they migrate deeper into the soil to regulate their temperatures.



## VERMICOMPOSTING

Vermicomposting is a decomposition process using worms to convert food scraps into nutrient rich soil.

## WHAT TO FEED YOUR WORMS

Worms enjoy fruit and vegetable scraps (chopped into smaller pieces), eggshells (crushed), coffee grounds, paper tea bags (remove staples), and dried flowers or plant leaves.

## WHAT TO AVOID

Avoid meat, bones, dairy products, excess garlic and onion, food scraps cooked in oil, and citrus pulp or peel.

